

## Dydroclub 20 SR

### Dydrogesterone 20mg SR Tablet

#### A Selective Progestogen for Menstrual Health, Pregnancy Support, and Hormonal Balance

##### Composition (Per Tablet):

- **Dydrogesterone** – 20mg (Sustained Release)

##### Product Overview:

Dydrogesterone is a **synthetic progestogen** that closely resembles **natural progesterone**. It is used to **regulate menstrual cycles, treat progesterone deficiencies, prevent recurrent miscarriages, and support pregnancy**. Additionally, it plays a crucial role in **hormone replacement therapy (HRT) for menopausal women**.

This **Sustained Release (SR) formulation** ensures a **gradual and prolonged release of dydrogesterone**, allowing **consistent hormone levels with fewer doses** throughout the day.

##### Key Benefits:

- **Regulates irregular menstrual cycles**
- Supports **pregnancy in women with luteal phase defects**
- **Prevents recurrent miscarriages** in women with progesterone deficiency
- **Reduces symptoms of premenstrual syndrome (PMS)** and painful periods
- Aids in the management of **endometriosis**
- Used in **hormone replacement therapy (HRT) during menopause**
- **Well-tolerated** with minimal androgenic side effects

##### How It Works:

Dydrogesterone works by mimicking the natural effects of **progesterone**, which:

1. **Supports Endometrial Health:** Prepares the uterus for embryo implantation and maintains pregnancy.
2. **Balances Hormones:** Helps regulate **ovulation and menstrual cycles**.
3. **Prevents Miscarriage:** Supports a healthy pregnancy by strengthening the uterine lining.
4. **Aids in HRT:** Reduces menopausal symptoms when combined with estrogen therapy.

##### Indications:

- **Menstrual disorders** (irregular periods, dysmenorrhea, secondary amenorrhea)
- **Luteal phase deficiency & infertility treatment**
- **Threatened & recurrent miscarriage**
- **Premenstrual syndrome (PMS)**
- **Endometriosis**
- **Hormone replacement therapy (HRT) for menopause**

##### Dosage & Administration:

- **For Menstrual Disorders & PMS:** 10-20mg per day as prescribed
- **For Pregnancy Support & Recurrent Miscarriage:** 10-40mg per day in divided doses
- **For HRT (with Estrogen):** 10-20mg daily for 12-14 days per cycle
- **Swallow whole with water; do not chew or crush**
- **Follow your doctor's instructions for best results**

##### Precautions & Warnings:

- Not recommended for individuals with **undiagnosed vaginal bleeding or severe liver disease**
- Use with caution if you have a history of **blood clots or cardiovascular disease**
- Should not be used in patients with **hormone-dependent cancers**
- Consult your doctor before use if **pregnant or breastfeeding**
- Avoid alcohol while taking this medication

## Side Effects (Rare and Mild):

- Nausea or mild bloating
- Breast tenderness
- Headache or dizziness
- Mood fluctuations
- Skin rashes (rare)

## Storage Instructions:

- Store in a **cool, dry place**, away from direct sunlight
- Keep out of reach of children
- Do not refrigerate or freeze

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## Why Choose This Product?

- **Clinically proven progestogen** with high safety and efficacy
- **Supports pregnancy and hormonal balance**
- **Sustained-release formulation** for long-lasting benefits
- **Minimal androgenic side effects**

For best results, follow your doctor's **prescription and lifestyle recommendations**. If symptoms persist, consult a healthcare professional.

Manufactured in India for:



**Cafoli Lifecare Pvt. Ltd.**

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